



Sisters at Heart

August 2-5, 2019

Sisters at Heart (SAH) is a weekend of celebration, learning and fun with other breast cancer survivors and their supporters. Teams from Canada and the United States have an opportunity to improve paddling skills and compete in ERDBA sanctioned races on Saturday and Sunday.

The 2019 Sisters at Heart Celebration will take place on Saturday, August 3, 2019, the day before the Lake Champlain Dragon Boat Festival.

Join us for a weekend of sisterhood! Registration for Sisters at Heart opens in February 2019.

FRIDAY, AUGUST 2:

Arrive at **Burlington Airport!**

Board your waiting motor coach and transfer to your hotel in South Burlington.

Check in to your hotel and unpack. Tonight, enjoy an evening at leisure to recoup from your travels.

SATURDAY, AUGUST 3:

Following **breakfast** at your hotel, board the bus for your transfer to the waterfront of Lake Champlain for the day of events for Sister of Heart!

Tonight, what better way celebrate the start of your dragon boat team's visit to Vermont than a group dinner!

SUNDAY, AUGUST 4:

After **breakfast** at your hotel, Enjoy a free time in Vermont! Maybe spend time in Burlington beautiful center with its European Style pedestrian area and see some of the events of the community races going on at the waterfront today.

Others may want to take the city bus out to Shelburne to Visit the Shelburne Museum.

MONDAY, AUGUST 5:

Following **breakfast** at the hotel, board the motor coach for the transfer to the airport in Burlington and your return flight home.

Welcome home!



INCLUSIONS

ACCOMMODATIONS

Three nights in upper-middle-class hotels, including all hotel service charges and taxes

MEALS

- ✓ Breakfast served daily
- ✓ Dinner in Burlington

TRANSPORTATION

Transportation as described in the itinerary in a modern, climate-controlled motor coach with a professional driver.

- ✓ Round-trip transfer to/from Burlington airport to hotel
- ✓ Transfer to/from the Lake on Saturday

LAND PACKAGE PRICING

30 paying travelers:
\$398.00 per person in double occupancy

Optional single supplement: \$165.00

FLIGHTS

Contact us about group airfare to Burlington.

For further information go to:
www.Americanexpeditions.org

DESTINATION HIGHLIGHTS

